#### Mixing and distance measure

### 1 Warm-up

We first warm up by computing the spectral gap in an important example. This example behaves quite differently from the Gibbs sampler for product measures which we saw last class.

**Question:** Compute the spectral gap of simple random walk on a cycle on *n* vertices.

Let's construct the graph of the cycle on n vertices. The cycle is a 2-regular graph, as shown in fig. 1.

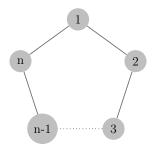


Figure 1: A 2-regular graph with n vertices.

The spectral gap is defined as  $\lambda_1 - \lambda_2$ , where  $\lambda_2$  is the second largest eigenvalue of the transition matrix P of the simple random walk. Based on fig. 1, the transition matrix P of the simple random walk on the cycle follows

$$P = \frac{1}{2}A = \frac{1}{2} \begin{bmatrix} 0 & 1 & 0 & \dots & 0 & 1 \\ 1 & 0 & 1 & 0 & \dots & 0 \\ 0 & 1 & 0 & 1 & 0 & \dots \\ & \ddots & \ddots & \ddots & \ddots & \ddots \\ 0 & \dots & 0 & 1 & 0 & 1 \\ 1 & 0 & \dots & 0 & 1 & 0 \end{bmatrix},$$

and the Laplacian matrix of the cycle is L = I - P. We want compute  $1 - \lambda_2(P)$ .

**Answer:**  $1 - \lambda_2(P) = \frac{c}{n^2}$  for some constant *c*.

*Proof.* Let  $\varphi_w(x) = e^{2\pi i w x}$  for  $w = 0, 1, \dots, n-1$ . We have

$$(P\varphi_w)(x) = \frac{1}{2} \left( e^{2\pi i (w+1)x/n} + e^{2\pi i (w-1)x/n} \right)$$
$$= e^{2\pi i w x/n} \frac{e^{2\pi i w/n} + e^{-2\pi i w/n}}{2}$$
$$= \varphi_w(x) \cos(2\pi w/n).$$

Thus  $\varphi_w$  is an eigenvector of P with eigenvalue  $\cos(2\pi w/n)$ . By Taylor expansion, we have

$$\lambda_2 = \cos(2\pi/n) = 1 - \frac{2\pi^2}{n^2} + O(n^{-4})$$
$$1 - \lambda_2 = \frac{2\pi^2}{n^2} + O(n^{-4}).$$

Implication: By Poincaré inequality,

$$\operatorname{Var}_{X \sim \operatorname{Unif}([n])}(f) \leq \frac{1}{1 - \lambda_2} \langle f, Lf \rangle$$
$$\approx \frac{n^2}{c} \langle f, Lf \rangle$$

# 2 Distance measure

**Definition 1.** Let f be a convex function, and let  $\tau, \pi$  be probability measures. Define

$$d_f(\tau,\pi) = \mathbb{E}_{\pi} \left[ f\left(\frac{d\tau}{d\pi}\right) \right] - \underbrace{f\left(\mathbb{E}_{\pi} \left[\frac{d\tau}{d\pi}\right]\right)}_{f(1)}.$$
(1)

By Jensen's inequality,  $d_f(\tau, \pi) \ge 0$ .

#### **Examples:**

1. Total variance  $f(x) = \frac{1}{2} |x - 1|$ 

$$d_{\rm TV}(\tau,\pi) = \frac{1}{2} \mathbb{E} \left[ \left| \frac{d\tau}{d\pi} - 1 \right| \right]$$
$$= \frac{1}{2} \sum_{x} \left| \frac{\tau(x)}{\pi(x)} - 1 \right| \pi(x) \quad \text{discrete case}$$
$$= \frac{1}{2} \sum_{x} |\tau(x) - \pi(x)|$$
$$= \frac{1}{2} |\tau - \pi|_{l_1}$$

2. KL divergence  $f(x) = x \log(x) f$  is convex because  $f'(x) = \log(x) + 1$  is an increasing function.

$$d_{\mathrm{KL}}(\pi,\tau) = \mathbb{E}_{\pi} \left[ \frac{d\tau}{d\pi} \log \frac{d\tau}{d\pi} \right]$$
$$= \sum_{x} \tau(x) \log \left( \frac{\tau(x)}{\pi(x)} \right)$$
$$= \mathbb{E}_{\tau} \left[ \log \left( \frac{d\tau}{d\pi} \right) \right]$$

3.  $\chi^2$  divergence  $f(x) = (x-1)^2$ 

$$d_{\chi^2}(\pi,\tau) = \mathbb{E}_{\pi} \left[ \left( \frac{d\tau}{d\pi} - 1 \right)^2 \right]$$
$$= \mathbb{E}_{\pi} \left[ \left( \frac{d\tau}{d\pi} \right)^2 \right] - 1$$
$$= \operatorname{Var}_{\pi} \left( \frac{d\tau}{d\pi} \right)$$

## 3 Mixing time

**Definition 2.**  $\epsilon$ -mixing time of a Markov chain P with stationary distribution  $\pi$  is

$$t_{\min}(\epsilon) = \inf\{t \ge 1 : \forall \tau \quad d_{\mathrm{TV}}(\tau P^t, \pi) \le \epsilon\}.$$

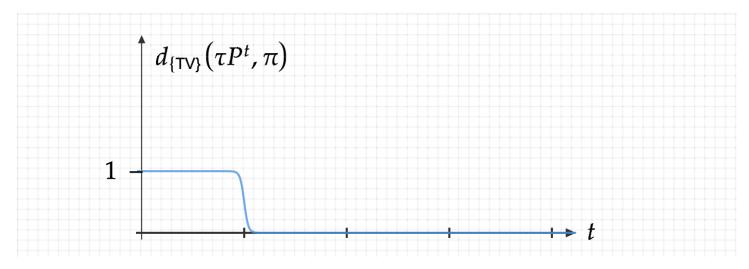


Figure 2: Cut-off phenomenon of mixing time. In many (but not all cases), mixing has a very sharp phase transition between TV distance 1 and 0 so the particular value of  $\epsilon$  is not so important.

Theorem 1.

$$\underbrace{d_{TV}(\tau,\pi) \leq \sqrt{2d_{KL}(\tau,\pi)}}_{Pinsker's \ inequality} \leq \sqrt{2d_{\chi^2}(\tau,\pi)}.$$
(2)

*Proof.* The second inequality follows as below

$$d_{\mathrm{KL}}(\tau,\pi) = \mathbb{E}_{\pi} \left[ \frac{d\tau}{d\pi} \log \left( 1 + \frac{d\tau}{d\pi} - 1 \right) \right]$$
$$\leq \mathbb{E}_{\pi} \left[ \frac{d\tau}{d\pi} \left( \frac{d\tau}{d\pi} - 1 \right) \right]$$
$$= \mathbb{E}_{\pi} \left[ \left( \frac{d\tau}{d\pi} \right)^2 \right] - 1.$$

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**Theorem 2.** Assume P reversible with respect to  $\pi$ . Then

$$d_{\chi^2}(\tau P, \pi) \le \max_{i \ne 1} \left[ |\lambda_i|^2 \right] d_{\chi^2}(\tau, \pi).$$
 (3)

Corollary 1.

$$d_{\chi^{2}}(\tau P^{t}, \pi) \leq \max_{i \neq 1} \left[ |\lambda_{i}|^{2} \right]^{t} d_{\chi^{2}}(\tau, \pi).$$
(4)

This trivially follows from the above theorem. By definition of  $\epsilon\text{-mixing time, we have (we use <math display="inline">t$  in short)

$$t = \frac{\log(d_{\chi^2}(\tau, \pi)/\epsilon^2)}{\log(\max_{i \neq 1} |\lambda_i|)} \implies d_{\chi^2}(\tau P^t, \pi) \le \epsilon^2.$$

Lemma 1.

$$\frac{d(\tau P)}{d\pi} = P \frac{d\tau}{d\pi} \tag{5}$$

*Proof.* This proof is for discrete case. Let  $\Pi = \text{diag}(\pi)$ .

$$\frac{d\tau}{d\pi} = (\tau \Pi^{-1})^{\top}, \quad \frac{d(\tau P)}{d\pi} = ((\tau P)\Pi^{-1})^{\top}.$$

By reversibility,  $\Pi P = P^{\top} \Pi$ , so  $P = \Pi^{-1} P^{\top} \Pi$ . Thus

$$(\tau P \Pi^{-1})^{\top} = (\tau \Pi^{-1} P^{\top})^{\top}$$
$$= P(\tau \Pi^{-1})^{\top}$$
$$= P \frac{d\tau}{d\pi}.$$

Similar proof follows for  $\frac{d\tau P}{d\pi}$ .

Let's prove the theorem with above lemma. Let s be the number of state space. *Proof.* 

$$d_{\chi^{2}}(\tau P, \pi) = \mathbb{E}_{\pi} \left[ \left( \frac{d(\tau P)}{d\pi} - 1 \right)^{2} \right]$$
$$= \mathbb{E}_{\pi} \left[ \left( P \frac{d\tau}{d\pi} - 1 \right)^{2} \right]$$
$$= \sum_{i=2}^{s} \langle f_{i}, P \frac{d\tau}{d\pi} \rangle_{\pi}^{2} + \underbrace{\langle f_{1}, P \frac{d\tau}{d\pi} - 1 \rangle_{\pi}^{2}}_{=\mathbb{E}_{\pi} \left[ \frac{d\tau}{d\pi} - 1 \right] = 0}$$
$$= \sum_{i=2}^{s} \langle P f_{i}, \frac{d\tau}{d\pi} \rangle_{\pi}^{2}$$
$$\leq \max_{i \neq 1} \left[ |\lambda_{i}|^{2} \right] \underbrace{\sum_{i=2}^{s} \langle f_{i}, \frac{d\tau}{d\pi} \rangle_{\pi}^{2}}_{d_{\chi^{2}}(\tau, \pi)}.$$

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